

NEWSLETTER

VOLUME 4/2024
NOVEMBER 2024

ESTABLISHED 1957 | 23 COUNTRIES



AOFOG-OGSMMA Ultrasound Outreach

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Greetings and warmest regards to our AOFOG colleagues. We are rapidly getting to.....



The past three months was quite busy for the AOFOG been involved in many.....



[Intensive Course in Obstetric Emergencies](#)



[Climate Change & Women health](#)



[MFM Committee Report](#)



Member Society Corner



JOGR

AOFOG Committee Chairs 2024/2026

Maternal & Fetal Medicine
Prof. Mahesh Choolani
(Singapore)

**Minimally Invasive
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Prof. Jae-Kwan Lee
(Korea)

Oncology
Dr. Ka Yu Tse
(Hong Kong)

**Reproductive
Endocrinology & Infertility**
Prof. Budi Wiweko
(Indonesia)

**Sexual & Reproductive
Health**
Prof. Unnop Jaisamrarn
(Thailand)

Ultrasound
Dr. Voon Hian Yan
(Malaysia)

Urogynaecology
A/Prof. Lisa T. Prodigalidad
Jabson
(Philippines)

Fellowship selection
Prof. Pak-Chung Ho
(Hong Kong)

YGAA
Dr. Jaydeep Tank
(India)

President's Message



Dear AOFOG members,

Greetings and warmest regards to our AOFOG colleagues. We are rapidly getting to the end of 2024 and I would like to take the opportunity to wish you all a happy and prosperous 2025.

AOFOG has been busy since the last newsletter, unfortunately due to my illness (which I am recovering well from) I have not been able to travel as much as I would have liked. This has resulted in the use of videos for lectures and welcoming addresses.

I did manage to go to a very successful meeting of the Obstetrical and Gynaecological society of Hong Kong. An AOFOG session was delivered by Ka Yu TSE Chair of the Gynaecological Oncology Committee, Dr Rohana Haththotuwa (Secretary-general) and myself, covering HPV vaccination, optimal use of caesarean section and Intimate Partner Violence.

I also attended the RANZCOG ASM being part of a panel which included Dr. Jaydeep Tank from India, Prof Budi Wiweko from Indonesia and representatives from Sri Lankan, Canadian and American Colleges to discuss the challenges to women's health in their different regions. We also met to begin discussions about the AOFOG congress in Sydney 2026.

The videos have included a congratulations to the Maldives on the formation of their obstetrical and gynaecology society.

I also sent 3 videos to the Philippine Obstetrical and Gynaecological Society congress in November. The topic was concerning Universal Health Care.

We are continuing to work with Japanese society on the survey looking at gender inequality and unconscious gender bias, hopefully we will have something concrete by the end of the year.

Finally I would like to send my sympathies to all those national societies that have been affected by weather events which have caused flooding and wind damage. It again emphasizes the issues of climate change and how important it is for AOFOG and its member societies to continue to advocate for the environment through the various committees.

Again wishing you all a happy new year!

Dr. John Tait
President, AOFOG.

[TOP](#) | [Back](#)

Secretary General's Message



We are gradually approaching the end of 2024.

The past three months was quite busy for the AOFOG been involved in many academic activities in association with member societies. Further, the committee chairs conducted several programmes.

AOFOG participation at National Society Conferences

1. Sri Lanka college of Obstetricians and Gynecologists

Prof Mahesh Choolani, Chair MFM Committee organized and conducted an AOFOG session on *'Updates on Fetal & maternal medicine'*, at the SLCOG annual conference held in Colombo from 30th Aug – 1st Sept 2024.

- Introduction to the AOFOG – Dr Rohana Haththotuwa, Secretary-General AOFOG, Sri Lanka.
- Artificial Intelligence in Obstetrics and Gynaecology – A/Prof Mahesh Choolani Chair MFM Committee, Singapore.
- Reducing the Prenatal exposure to toxic environmental agents: The Obstetrician's role – Dr U.D.P. Ratnasiri, Immediate Past Chair MFM Committee, Sri Lanka.
- Antenatal Screening for Pre-Eclampsia – Dr Vicky Ho Miaw Ping, Member MFM Committee, Malaysia.

The session was appreciated very much by the participants and I thank Dr. Mangala Dissanayake, President SLCOG for including an AOFOG session at their congress and Prof Choolani for organizing the session.

2. OBSTETRICAL AND GYNAECOLOGICAL SOCIETY OF HONG KONG (OGSHK)

OGSHK Annual Scientific Meeting 2024 in collaboration with the Hong Kong Society for Ultrasound in Medicine, the Hong Kong Urogynaecology Association, the Hong Kong Gynaecological Endoscopy Society, the Hong Kong Society for Colposcopy and Cervical Pathology and the Hong Kong Society for Reproductive Medicine was held from 5th – 6th Oct 2024 in Hong Kong. I thank Dr. Kwok Keung Tang, President OGSHK and Dr. Ka Yu Tse, Secretary General OGSK for inviting AOFOG to conduct a sessions at the OGSHK ASM. President Dr. John Tait, Secretary General Dr. Rohana Haththotuwa and the Chair Oncology committee Dr. Ka Yu Tse spoke at the AOFOG session. I congratulate Dr. Ka Yu for been elected as the President Elect of OGSHK

3. MONGOLIAN FEDERATION OF OBSTETRICS AND GYNECOLOGY

VIIth Annual Congress of Mongolian Federation Of Obstetrics and Gynecology 2024, was held on 27th September 2024 in Ulaanbaatar, Mongolia. AOFOG was invited to conduct a pre-congress workshop on *"Cervical cancer elimination-Rise to the challenge"*. It was organised by Dr. Christia

Padolina, Chair, Cervical cancer elimination Working group & Dr. Ka Yu Tse. Dr. Tse & Dr. Jean Toral were the resource persons from the AOFOG and they along with Dr. Rohana Haththotuwa were also invited to deliver key note lectures in the main congress. Both the workshop and the congress were well attended, and the participants were very enthusiastic.

I wish to thank Dr. Urjindelger Tserensambuu, President MFOG, & Dr. Narmandakh Suld for organizing and conducting the events so successfully and for organizing many activities in association with the AOFOG in the last few months.

4. ROYAL THAI COLLEGE OF OBSTETRICS and GYNAECOLOGY

AOFOG conducted a session on *“Optimizing Ob Gyn”* at the 39th Scientific Annual Meeting of the The Royal Thai College of Obstetricians and Gynaecologists held from 30 October – 1 November 2024, in Pattaya, Thailand. Prof. Unnop Jaismaran, Chair SRH committee and Dr. Andy Tan MIGS committee member from Singapore spoke and Dr. Rohana Haththotuwa chaired the session and delivered the opening and concluding remarks. The session was well received by the participants and I thank Clin. Prof. Vitaya Titapant, President RTCOG and Assoc. Prof. Mongkol Benjapibal Secretary General RTCOG for inviting AOFOG and for enhancing the collaboration between the two organisations. I also wish to Congratulate Prof Sarikapan Wilailak, Past chair AOFOG oncology committee who will be inducted as President RTCOG in January 2025.

AOFOG Participation in conferences of Other Organisations.

I. 9th ICOG FOGSI annual Conference 2024

Organised by the Indian College of O&G along with the Federation of O & G Societies of India was held in Ahmedabad, India from 18 – 20th October 2024. AOFOG was invited to conduct a session in the congress. A session on *‘AOFOG Commitment to elimination of cervical cancer’* was organized by Dr. Christaia Padolina and the lectures included – Overview of the WHO 90–70–90 Cervical cancer elimination program AOFOG Perspective – Dr. Rohana Haththotuwa, Scoping the HPV vaccination program in Asia Oceania & Evolving HPV screening programs in the Asia Pacific Region – Dr. Christaia Padolina, & Treatment and referral system for early and late cervical cancer – Dr. Priya Ganesh Kumar (Oncology Committee Member–India). I wish to Thank Dr. Parul Kotdawela, Dr. Alpesh Gandhi and FOGSI President Dr. Jaydeep Tank for involving AOFOG in the congress and for all the assistance given. [Reed more...](#)

II. International Stillbirth Alliance Conference 2024 in Sri Lanka.

ISA 2024 was held in association with Sri Lanka College of Obstetricians & Gynaecologists, Family Health Bureau – Ministry of Health Sri Lanka, and Faculty of Medicine – University of Colombo from the 3rd to 6th Nov 2024 in Colombo. The theme of the Congress was *“Leaving no country behind: Moving beyond awareness to action to save babies”*. Accepting the invitation extended by the organisers of the congress, AOFOG conducted a session on *“Early pregnancy losses”*. Prof Mahesh Choolani, MFM committee chair organized the session, and Dr. U.D.P Ratnasiri, (Sri Lanka), Dr.

Charmila Ayyawoo (India) and Dr. Karen Lim (Singapore) were the speakers while Dr. Rohana Haththotuwa chaired the session and delivered the opening remarks. I Congratulate Dr. Kapila Jayaratne, Conference chair for conducting a very successful conference and for inviting AOFOG. [Reed more...](#)

III. FIGO Regional Webinar

FIGO Regional Webinar on “*New advances in Reproductive Medicine*”, organized by the FIGO Regional Trustee for the Asia Oceania Region, Dr. Hrishikesh Pai, was held on 24th October 2024. Dr. Rohana Haththotuwa, Prof Budi Wiveko and Dr. Nandita Palshetkar from the AOFOG spoke in the webinar.



FIGO Regional Webinar

New advances in reproductive medicine

Moderator: Prof Hrishikesh Pai
Speakers: Dr Nandita Palshetkar, Dr Rohana Haththotuwa, Dr Budi Wiveko, Dr Marcos Horton, Dr Nikhil Purandare

Language: English with live interpretation in French and Spanish.

#FIGOWebinar

Thursday 24 October 2024, 14:30 UTC
Register for free: www.figo.org/upcoming-webinars

Committee Activities

Committee activities are described in detail in the reports of the Committee chairs.

- [Maternal and Fetal Medicine Committee](#)
- [Oncology Committee](#)
- [Reproductive health and Infertility Committee](#)
- [Ultrasound Committee](#)
- [Sexual & Reproductive health Committee](#)

As we approach the end of 2024, I thank everyone for all the assistance, cooperation given to AOFOG during the past year and wishing everyone a Happy Joyful holidays, a Merry Christmas and a Happy New year bringing everyone to greater heights and success.

Dr. Rohana Haththotuwa,
Secretary General, AOFOG.

Intensive Course in Obstetric Emergencies – a collaboration with AFOG 2024

2024 has been an active year for ICOE and we are especially indebted to AFOG for its continuous support with the work done in the Asia Oceania Countries. We are immensely grateful to Dr Alongkone Phengsavanh, Dr Saroja Pandey, Dr Urjindelger and Dr Narmandakh for their dedication and hospitality to ICOE.



Through the cooperation with AFOG over the years, our shared objectives remain the same:

1. To improve the skills of healthcare workers in these countries through simulation training on obstetric emergencies, ultimately contributing to better maternal and neonatal health outcomes.
2. To train local trainers to organise Obstetric Emergencies courses.

Our methodology is twofold:

1. Providing curriculum for free to local Obstetric trainers to equip them to organise courses.
2. Providing onsite support by Malaysian trainers and equipment.

2024 saw ICOE in 3 countries: Laos, Nepal and Mongolia.

	Laos	Nepal	Mongolia
Dates	March 29-31	April 7-9	August 10-12
Number of Malaysian trainers	4	4	4
Number of Local trainers	14	8	9
Number of participants	19	34	22
AFOG Representative	Dr Rohana Hathtotuwa	Dr Rohana Hathtotuwa	Dr Christia Padolina
Additional Training of Trainers Course Conducted	No	Yes	Yes

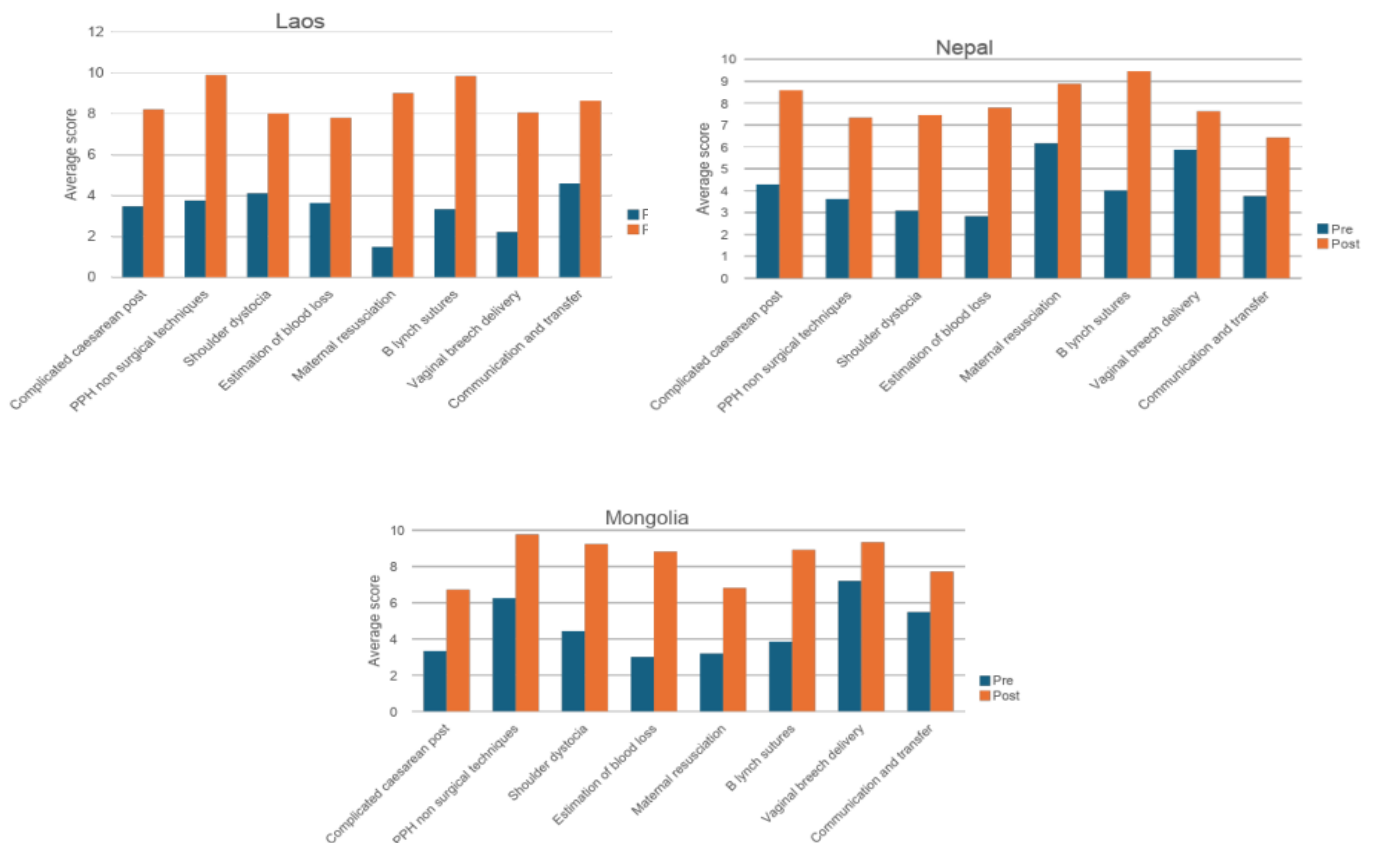
Simulation Workstations were organised on common Obstetrics Emergencies like Maternal collapse, Postpartum haemorrhage, Eclampsia, Labour room skills of Instrumental and Breech, MRP and Uterine Inversion, Genital Tract Traumas. Difficult Caesarean stations were also simulated.

Key Results

Trained Professionals: 75 O&G doctors were trained across the three countries.

Improved Skills: Participants demonstrated significant improvements in practical skills, such as the ability to manage postpartum haemorrhage and handle complicated deliveries. These were measured by the pre and post course Skills tests.

Pre and Post Course Test Score for Laos, Nepal and Mongolia



We rely heavily on the feedback after the course to evaluate ways to improve the delivery of the course. Most participants find the Hands-On learning with simulation beneficial.

Feedback from Laos participants:



Feedback from Nepal participants:



ICOE is privileged to work with a group of dedicated Laos Trainers. The two-day workshop saw doctors from Vientienne and provincial hospitals being trained.



We had the great honour of working with Trainers from the Mongolian Federation of O&G. Additionally, more local trainers underwent TOT.





Working with Nepal Society of O&G and trainers. Additional TOT was conducted.

Dr Tang Boon Nee

Director ICOE (Malaysia)

[TOP](#) | [Back](#)

Report of MFM committee attending Stillbirth alliance conference 2024 Colombo, Sri Lanka

19th annual conference of the international stillbirth alliance was held in Colombo Sri Lanka on the 3rd to 6th November in The Hilton hotel with the participation of more than 300 health care providers from all around the world. The theme of the conference was leaving no country behind: Moving beyond awareness to action to save babies. The conference was organized by several organizations namely International Stillbirth Alliance, College of Community Physicians of Sri Lanka, Sri Lanka College of Obstetricians & Gynaecologists, Faculty of Medicine, University of Colombo and UNICEF. International and local experts in different specialties including Obstetricians, Community physicians, Neonatologist medical administrators attended the meeting. AOFOG on invitation of the organizing committee conducted a session in the conference on the 4th of November. The theme for the session was early pregnancy loss.



The session was chaired by Dr. Rohana Haththotuwa Secretary general of AOFOG and Dr. Vindya Kumarapeli, Director of the Directorate of NCDs in Ministry of Health Sri Lanka. There were three speakers from AOFOG and the first speaker was Dr. U.D.P. Ratnasiri adviser to MFM committee, spoke on the topic of Global best practices of Early Pregnancy Losses and situation and challenges in the region. Dr. Charmila Ayyawoo from India highlighted on Chromosomal anomaly in Recurrent Pregnancy Loss and Dr Karen Lim from National university Singapore spoke on Genetic causes of miscarriage – beyond the chromosome. There was Q& A session at the end. This session was attended by many local and international health care providers including consultants, PG trainees, medical officers, nurses and midwives.

Dr. U. D. P Ratnasiri

Advisor, AOFOG MFM Committee.

[TOP](#) | [Back](#)

Report of the “Climate Change & Pollution Working Group AOFOG”: September – October 2024

Professor Krishnendu Gupta (Deputy Secretary General AOFOG, 2022–2026 and Chair – Climate Change & Pollution Working Group AOFOG, 2022–2026) was the guest faculty at two very important scientific conferences on the topic entitled “Climate Change and Women’s Health”.



1. 20 September 2024: 37th AICC RCOG Annual Conference, Kolkata, West Bengal, India.
2. 19 October 2024: 9th ICOG FOGSI Annual Conference 2024, Ahmedabad, Gujarat, India.

At both these conferences, Professor Gupta highlighted the current scenario of the effects of climate change on humans and endocrine disruptive chemicals (EDCs) on human reproduction, with special emphasis on increased global temperatures, extreme weather and disaster, precipitation extremes, rising sea levels and changes in land use and growing seasons. He highlighted the effects on extreme heat and heat related illnesses, air and water pollution, reduced food and water quality, changes in vector transmission and increasing allergens. The main focus of his presentations was on pregnancy where he presented the latest available global and Indian data on the effects of extreme heat in increasing the incidence of miscarriage, still / premature births and low birthweight by 2 – 3-fold when compared to acceptable / normal temperatures for the respective region. Professor Gupta also emphasized on what OBGYNs can do are what the healthcare personnel and OBGYNs are doing to combat this dreaded new “epidemic”!! He also highlighted the important responsibility and role of international federations like FIGO and AOFOG along with National Societies and NGOs to increase awareness, impart knowledge and education in this very important space. After all, together “WE” can all make a difference. And most importantly we must not forget that “*there is no reproductive health if there is no planetary health*”!!



Prof Krishnendu Gupta

Chair, Climate Change & Pollution Working Group AOFOG, (2022–2026)

Report on the “AFOG Session” during the 9th ICOG FOGSI Annual Conference 2024 on 19 October 2024 in Ahmedabad, Gujarat, INDIA

An extremely interactive “*AFOG Session on Cervical Cancer*” was held during the 9th ICOG FOGSI Annual Conference 2024 held at the beautiful Karnavati Club, Sarkhej – Gandhinagar Highway, Ahmedabad, Gujarat, India on 19 October 2024 between 1510 – 1615 hours.

The Chairs of the session were Dr Jaydeep Tank (President FOGSI, 2024 and Chair YGAA Committee AFOG, 2022–2026), Dr Alpesh Gandhi (Past President FOGSI and FOGSI Representative to AFOG, 2024–2026) and Professor Krishnendu Gupta (Deputy Secretary General AFOG, 2022–2026 and Chair – Climate Change & Pollution Working Group AFOG, 2022–2026).



Following the customary and insightful welcome message by Dr John Tait, President AFOG, the Secretary General of AFOG, Dr Rohana Haththotuwa, gave a wonderful, interesting and insightful perspective of AFOG’s “*Overview of the WHO 90–70–90 Cervical Cancer Elimination Programme*”. This was followed by two very educative and extremely informative back-to-back presentations by Dr Christia Padolina (Treasurer AFOG, 2024 – 2026) on “*Scoping the HPV Vaccination program in Asia Oceania*” and “*Evolving HPV Screening Programs in the Asia Pacific Region*”. Thereafter, Dr Priya Ganeshkumar (Chairperson, FOGSI Oncology Committee, 2021–2024 and Member of the Cervical Cancer Elimination Program AFOG) gave a detailed and updated overview of the “*Treatment and Referral system for Early and Late Cervical Cancer*”.

The entire session evoked a lot of thought and introspection amongst the delegated present, more so during the very interactive “*Open Forum*” with kept the faculty busy during the Q&As session, culminating with very knowledgeable “*Closing Remarks*” by the three learned Chairs of the session.

Prof Krishnendu Gupta

Deputy Secretary General AFOG, 2022 – 2026

MFM Committee Report

The newly appointed members of the AFOG MFM Committee held their inaugural meeting on 1st October 2024, followed by the second meeting on 5th November 2024, both conducted via Zoom. These virtual sessions were pivotal in establishing the framework for the committee's activities over the next two years. During these meetings, the committee defined its primary goals and mission, identified key educational opportunities, and determined the frequency of future meetings to ensure that all members remain informed and updated on the committee's progress.



The Chair and Members of the AFOG MFM Committee convened during the MFM Committee meeting held on 5th November 2024 via Zoom.

The MFM Committee members engaged in a comprehensive discussion of the program, with a particular focus on specific objectives, including: assessing the burden of postpartum hemorrhage (PPH) across the region; tracking maternal anemia as a critical indicator of obstetric outcomes; addressing the rising rates of Caesarean sections and obstetric emergencies; and other issues such as pre-eclampsia. The committee also explored educational opportunities, potential for collaborative research, publication prospects in the Journal of Obstetrics and Gynaecology Research (JOGR), and other program-related considerations. The meeting was marked by the active participation of all members, each offering valuable insights and perspectives on the effective implementation and monitoring of these initiatives.

Recent past activities for AFOG MFM Sessions

1. The AFOG MFM Sessions at the Sri Lankan College of Obstetricians and Gynaecologists (SLCOG) Annual Congress were held in Colombo on September 1st, 2024.



Few Members of the MFM committee made presentations in the SLCOG Annual Congress in Colombo Sri Lanka namely:

- A/Prof Mahesh Choolani (Singapore) – Artificial Intelligence in Obstetrics and Gynaecology
- Dr U D P Ratnasiri (Sri Lanka) – Reducing the Prenatal exposure to toxic environmental agents: The Obstetrician’s role
- Dr Vicky Ho Miaw Ping (Malaysia) – Antenatal Screening for Pre-Eclampsia

2. The AOFOG MFM Sessions at The International Stillbirth Alliance (ISA) Annual Conference were held in Colombo on November 4th, 2024.

Members of the MFM committee and doctors from across Asia made presentations in the ISA in Colombo Sri Lanka namely:

- Dr U D P Ratnasiri (Sri Lanka) – Global best practices of Early Pregnancy Losses and situation and challenges in the region
- Dr Charmila Ayyawoo (India) – Therapeutic Approach to Early Pregnancy Loss
- Dr Karen Lim (Singapore) – Genetic causes of miscarriage – beyond the chromosome



Upcoming planned activities for AOFOG MFM Sessions

1. The Japan Society of Obstetrics and Gynaecology (JSOG) Annual Congress, scheduled to be held in Okayama (Japan) from May 23rd to May 25th, 2025. The details of the AOFOG MFM Session are as follows:

Topic	Speakers
Welcome Address	Dr John Tait President–AOFOG (New Zealand)
WHO recommendations on antenatal care for a positive pregnancy experience	Prof Pisake Lumbiganon Immediate Past President–AOFOG (Thailand)
Placenta accreta spectrum of disorders: What is new?	Dr U.D.P. Ratnasiri Immediate Past Chair, AOFOG MFM Committee, Sri Lanka
Postpartum Haemorrhage and Maternal Mortality: from Motive to EMOTIVE	A/Prof Mahesh Choolani Chair MFM Committee, Singapore
Q&A, and to give Concluding Remarks	Dr Rohana Haththotuwa Chairman, Secretary–General, Sri Lanka

2. The International Federation of Gynaecology and Obstetrics (FIGO) Annual Congress, scheduled to be held in Cape Town (South Africa) from October 5th to October 9th, 2025. The details of the AOFOG MFM Session are as follows:

Topic	Speakers
Welcome Address	Dr John Tait President–AOFOG (New Zealand)
WHO Recommendations: Intrapartum Care for A Positive Childbirth Experience	Prof Pisake Lumbiganon Immediate Past President –AOFOG, (Thailand)
Strategies To Reduce Caesarean Sections During Labour	Dr Rohana Haththotuwa Secretary General–AOFOG (Sri Lanka)
The Controversy of Caesarean Rates – Looking Forward into The Past	Dr Jaydeep Tank Chair, AOFOG YGAA Committee– (India)
Second Stage Caesarean Section: How High Is High?	Prof Tak Yeung LEUNG Head of the Fetal Medicine Team, Hong Kong
Q&A	Dr John Tait Chairman, President–AOFOG, (New Zealand)

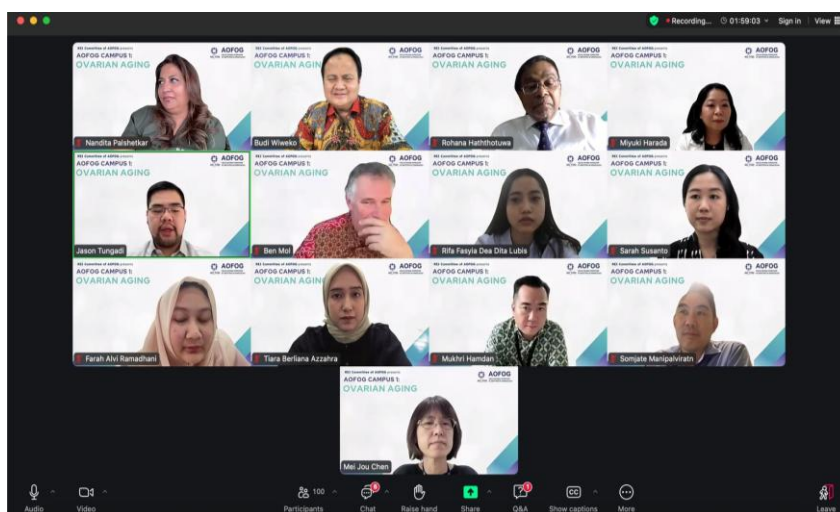
A/ Prof. Mahesh Choolani,
MFM Committee Chair, AOFOG

[TOP](#) | [Back](#)

REI Committee Report

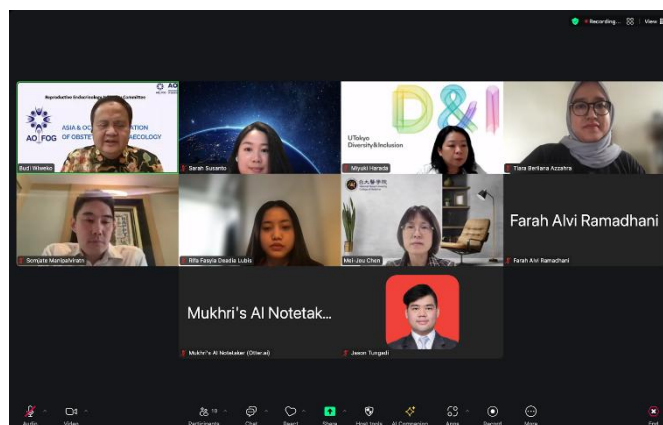
On the 12th of September 2024, the AOFOG REI committee held the AOFOG Campus 1 webinar with the topic of Ovarian Aging. The webinar was conducted through the Zoom Webinar platform, with 225 participants who joined the event.

The webinar event started with an Introduction by AOFOG by Dr. Rohana Haththotuwa as the General Secretary of AOFOG. The first topic presented was the Concept of Ovarian Aging, by Professor Budi Wiweko from Indonesia. This topic sets a necessary foundation to first understand about the mechanism of ovarian aging, and how it translates to the clinical manifestation of the patient. The second topic was presented by Dr. Miyuki Harada from Japan, who discussed about the Treatment of ovarian aging. This topic gave



the participants knowledge about the available treatments that can be given in the management of ovarian aging. The third topic was about the Evidence of Ovarian Aging Management, presented by Professor Ben Mol, who summarized the available and updated evidences related to the management of ovarian aging. Throughout the event, active participations were seen from the webinar attendees who asked numerous questions, and this sparked insightful discussion with the speakers and Dr. Nandita Palshetkar as the moderator. The overall impression of the event from the attendees scored excellent score, and an overall score of 93% for all three speakers.

The AOFOG REI committee also held a zoom meeting on the 19th of November 2024 with the members of the REI committee in order to discuss feedbacks from the previous webinar event, possible improvements for future events, and strategies for the upcoming agenda. All of the committee members were present in the zoom meeting.



Through the meeting, three new members of the AOFOG REI committee were introduced: Masahito Tachibana (Japan), Firoza Begum (Bangladesh), Jennifer KY KO (Hong Kong).

Updates regarding future activities

The next agenda on the REI Committee timeline is the AOFOG Campus 2 with the topic of Endometriosis, in 19 December 2024 through Zoom Webinar. All of the REI committee members have all agreed on the topic and the speakers. The topic that will be discussed in this event are:

- The new pathogenesis of endometriosis: Genetic and epigenetics theory.
- Endometriosis: a disease with few direct treatment.
- A review of the recent evidence and guidelines of endometriosis.
- Best practices of endometriosis treatment in developing countries

Other events that will be done in the future is the AOFOG campus with the topic of PCOS, planned to be held in 24–25 January 2025 through offline meeting. The theme of the event is: “Polycystic Ovary Syndrome: Prevention, Diagnosis, and Treatment”. Currently, the event is planned to be held in Yogyakarta, Indonesia. The topics that will be discussed are already confirmed by the

		Timeline of Program		
No	Program	Year		
		2024	2025	2026
1	AOFOG campus Ovarian Aging (online) Endometriosis (online)	September 12 th (online) December 19 th	March / April	
2	AOFOG campus (In person) PCOS AICOG – Mumbai The challenge in reproductive medicine		January 24 th -25 th In person meeting Bali / Yogyakarta January	
3	AOFOG consensus /statement on REI PCOS Infertility management		Launch	
4	AOFOG fellowship on REI Taiwan India			
5	AOFOG study on REI Menopause			Launch Publish
6	O and G National society meeting		February (Hong Kong) July	

speakers. The REI committee plans to confirm the availability of the speakers for the schedule, and to collaborate with pharmaceutical companies to support the hotel and accommodation for the speakers and committees.

In January 2025, the REI Committee also plans for the AICOG meeting in Mumbai, with the theme of *"The challenge in reproductive medicine"*.

Article of message from the committee regarding new interesting developments which would be of help to our members, to be included in the newsletter

The AOFOG Reproductive Endocrinology Infertility (REI) Committee is focused on tackling the challenges related to reproductive endocrinology and infertility, particularly in the context of the population crisis and aging issues affecting the Asia Oceania region. The committee strives to close gaps in knowledge and practice to improve reproductive health outcomes.

To accomplish these objectives, the REI Committee has introduced four major initiatives:

1. **AOFOG Consensus on REI Management:** This initiative aims to harmonize and promote best practices in reproductive endocrinology and infertility care across the region.
2. **REI Fellowship Program:** A program designed to provide specialized training and education to the next generation of experts in the field.
3. **AOFOG Campus on REI:** A collaborative platform dedicated to knowledge-sharing and professional growth.
4. **AOFOG Study on REI:** Focused on conducting essential research and collecting data to support evidence-based approaches and policies.

Furthermore, the committee is committed to expanding its influence by building partnerships with other organizations, academic institutions, and pharmaceutical companies. These collaborations aim to foster resource sharing, drive innovation, and strengthen joint efforts to address the multifaceted issues surrounding reproductive health in the region.

Prof. Budi Wiweko,
REI Committee Chair, AOFOG.

Ultrasound Committee Report

AOFOG–OGSMMA Ultrasound Outreach – 8–9 November 2024

The workshop took place at the Medical Skill, Simulation and Research Center University of Medicine I, Yangon after several months of planning. Thirty senior doctors (postgraduate and post doctorate) from all six medical universities across Myanmar were represented: University of Medicine I, University of Medicine 2, UM Mandalay, UM Magwe, UM Taungyi and UM Defense Medical Service Academy.



The workshop was inaugurated by the Rector of University of Medicine I Prof Kyaw Shwe and President of the Myanmar Medical Association Prof Aye Aung after a recorded message from AOFOG President Professor John Tait was delivered.

Associate Professor Thitima Suntharasaj from Thailand and myself represented AOFOG. Two distinguished local speakers, Prof Nu Nu Aye and Prof Aung Cho Tun, who are radiologists by training, completed the faculty. In recent years, opportunities for doctors to train abroad and interact with overseas expert has been limited, so the event was a welcomed change.



All participants sat for a pretest to assist in aligning their learning objectives. Day 1 began with basic and intermediate core topics in obstetric ultrasound. Day 2 focused on common gynaecological pathologies. Despite having generally good theoretical knowledge, we recognized the lack of exposure in hands-on mentoring and dedicated the bulk of both afternoons for this purpose. We had a myriad of cases arranged for the hands-on session and managed to diagnose several lethal congenital anomalies—allowing planning of subsequent management. There is a need for maternal–fetal medicine services in a country with such a huge population and I have expressed the willingness of AOFOG to assist in future training.



The feedback from the participants showed that the course was on the right track– 86% of respondents felt that they have obtained useful, practice-changing knowledge. The post-test

results also showed significant improvement in the overwhelming majority of participants.

I would like to acknowledge the time and effort taken to obtain regulatory approval by OGSMMA President Prof Khin May Thin and her organizing team– Prof Dr Myat Chit Swe, Prof Dr Cherry, Dr Yamon Oo, Dr July Win, Dr Myat Theingi Kyaw and Dr Chan Myae Win. The efforts of the venue director Dr Aye Mya Aung in ensuring the comfort of participants in commendable.

The support from General Electrics (GE) particularly Grace Park, Amanda, Chuili and the local team ensured that the event ran seamlessly.



Dr. Hian Yan Voon

Ultra Sound Committee Chair, AOFOG

[TOP](#) | [Back](#)

SRH Committee Report

1. 39th Scientific Annual Meeting of the The Royal Thai College of Obstetricians and Gynaecologists (RTCOCG 2024)

The Royal Thai College of Obstetricians and Gynaecologists (RTCOCG) has organized an annual scientific meeting on 30 October – 1 November 2024, at the Dusit Thani Hotel in Pattaya, Thailand. Over 1,200 participants have joined this event.

Prof. Unnop Jaisamrarn, Chair of the SRH Committee and Dr. Andy Tan, MIGS Committee Member were invited to take part in the AOFOG session “*Advancement in Obs & Gyn Care*”, which was organized by SRH and MIGS Committee on 31 October 2024.



The Chairpersons for this session were Dr. Rohana Haththotuwa, Secretary General AOFOG and Adjunct Asst. Prof. Aranya Yantapant, MIGS Committee Member AOFOG.

Topics and speakers in this session were as follows:

- Revisiting additional benefits of hormonal contraception: Prof. Unnop Jaisamrarn (Thailand)
- Current roles of robotic surgery in gynecology: Dr. Andy Tan (Singapore)

Topics related to advancement in clinical practice have drawn an attention from more than 300 attendees. The session successfully addressed interesting topics in Obs & Gyn care, followed by a fruitful discussion between the speakers and audience.

Recap of this session:**Revisiting additional benefits of hormonal contraception**

- Hormonal methods of contraception have been widely used after the introduction of the first combined oral contraceptive pill (COC) in 1960. These methods include pills, injections, implants, transdermal patches and vaginal rings. Among these, COC is the most commonly used globally.
- Significant adverse effects were reported in users of high-dose pill in the past. However, the modern pill containing 20–30 mcg ethinylestradiol (EE) and low doses of different progestins are much safer and cause less adverse effects.
- A significant proportion of women use COCs for its non-contraceptive health benefits, not for contraception. Since 1980, many review papers have reported these non-contraceptive health benefits of COCs.
- Most commonly reported additional benefits of COCs include less menstrual bleeding disorders and dysmenorrhea, less benign breast disease, less androgen related symptoms, less pelvic inflammatory disease, less symptoms due to uterine fibroids, higher bone mass, less ovarian cysts and favourable effect of polycystic ovary syndrome. Large cohort studies or case-control studies have provided evidence that the risks of endometrial, ovarian, and colorectal cancers are reduced in women who use oral contraceptives.
- Many clinicians prescribe COCs to treat symptoms due to endometriosis. However, less than half of the papers have reported this benefit. Moreover, a Cochrane review indicates that there is insufficient evidence to make a judgment on the effectiveness of COCs to treat pain associated with endometriosis.
- Most of the evidence showing additional health benefits of COCs were from studies of ethinyl estradiol containing pills. Several reports have shown the efficacy of natural estrogen estradiol containing pill in the treatment of heavy menstrual bleeding. Due to the development of new COCs, health benefits as well as long-term safety have to be investigated.

Current roles of robotic surgery in gynecology.

- Minimal Invasive Surgery (MIS) has been a major breakthrough in the last few decades with its benefits completely changing the surgical practice and training field.
- The advantages are especially profound in Robot-Assisted Surgery (RAS) and include a more

ergonomic and less tiring experience for the surgeon, the elimination of tremor, better dexterity, and a shorter learning curve compared to Conventional Laparoscopic Surgery (CLS).

- RAS also offers a better quality of care for the patient as it is related to a lower incidence of surgical complications, less blood loss, less pain, faster recovery.
- Perioperative complication rates are equivocal between RAS and CLS; however, the evidence is generally of low quality.
- RAS has exhibited superiority over open surgeries and shown to be noninferior compared to CLS.
- Robotic surgeries made significant impact in our practice in areas with difficult access using conventional laparoscopy: esophagectomy and deep pelvic surgery.
- High BMI patients benefit from robotic surgeries.
- With improved ergonomics, fewer acute or long-term work-related musculoskeletal related symptoms.
- Further research looking at the long-term cost effectiveness of robotic surgeries in gynaecology need to consider the complexity of the surgical procedure and women's comorbidities.



2. Regional survey – Violence Against Women (VAW) in Asia and Oceania region

The Violence Against Women Working Group is advancing its multi-country survey on VAW, with a focus on reproductive-aged women and healthcare staff. This survey aims to provide essential insights into the prevalence and impact of VAW, guiding strategies and interventions across the region. Data collection for reproductive-aged women has been completed in Thailand, and current efforts are concentrated on gathering data from healthcare staff. Data collection is also progressing in other countries involved in the study.

3. Community engagement – Violence Against Women public awareness campaign.

AOFOG –VAW research team has been invited to take part in “*The Celebration of HRH Prince Mahidol of Songkla, The Prince Father*” held at Living Hall, Siam Paragon Shopping Center, Bangkok, Thailand on 21–24 September 2024.

This event aims to raise public awareness of VAW through an exhibition, educating the community on the prevalence, causes, and impact of VAW, as well as available resources for support and

prevention. The exhibition encourages community engagement by sharing stories, statistics, and perspectives on VAW from both local and global angles, empowering attendees to support survivors and foster safe relationships. Interactive sessions allow participants to discuss VAW with specialists and learn about prevention strategies, while educational materials provide tools to identify and address violence. This event also highlights AOFOG's efforts on VAW, including an introduction to the AOFOG Declaration on VAW.

During this event, Prof. Unnop Jaisamrarn, Chair of the SRH Committee participated in a talk on critical issues in Thai Society, addressing the overlooked reality of Violence Against Women. The session drew significant attention from the public audience.



4. Invited manuscript – AOFOG's Declaration on Violence Against Women

This manuscript, commissioned by the Journal of Obstetrics and Gynaecology Research, outlines AOFOG's Declaration on VAW, providing a framework to address this issue across Asia and Oceania. It highlights the importance of regional cooperation, international guidelines, and the role of national societies and healthcare professionals in strengthening legal frameworks, promoting public education, and offering comprehensive services. The goal is to create a safer and fairer environment for women in the region. We have completed the initial draft and are now inviting co-authors to review and provide feedback on the manuscript.

Prof. Unnop Jaisamrarn,
Chair, Sexual & Reproductive Health (SRH) Committee and Violence Against Women (VAW) Working Group.

Gynaecological Oncology Committee Report

Asia Oceania consists of more than 50 countries where there are about 14 high-income and more than 24 low-income countries. Our previous survey study showed that there were vast differences in the practice of cervical cancer preventive measures in our region. The Oncology Committee of 2022–24 collaborated with the Cervical Cancer Elimination Working Group and developed a set of recommendations on HPV vaccination in Asia-Pacific Region, aiming to provide some standards on the HPV vaccine implementation for both low-income and high-income countries. The recommendations were published as a special issue for the celebration of the 50th anniversary of the Journal of Obstetrics and Gynaecology Research (Tse KY, et al. JOGR 2024 Oct:50 Suppl 1:95–102. doi: 10.1111/jog.16034).

The Mongolian Federation of Obstetrics and Gynaecology (MFOG) and AFOG had jointly held the Cervical Cancer Elimination Workshop on 26 Sep 24. The theme this year was *‘Cervical cancer elimination: RISE to the challenge’*. Dr. Ka Yu Tse, Prof. Jean Toral, and Dr.



Rohana Haththotuwa delivered several lectures on cervical cancer prevention on 26 Sep 24. Dr. Baigal Genden, Dr. Erdnijargal Ayush, and other MFOG members also demonstrated the skills of colposcopy and LLETZ, and led a hands-on practical session of LLETZ. In the MFOG Annual Congress 2024 on 27 Sep 24, Dr. Tse and Prof. Toral also gave two plenary lectures on *‘Upscaling the Cervical Cancer Elimination program in Asia Oceania – Vaccination’* and *‘Upscaling the Cervical Cancer Elimination program in Asia Ocean – Screening’*, respectively.

The Obstetrical and Gynaecological Society of Hong Kong (OGSHK) also invited AFOG to hold an AFOG session. Dr. Ka Yu Tse gave a lecture on *‘HPV vaccination’* highlighting the unmet needs in some countries in Asia-Pacific Region. After the AFOG session, Dr.



Tse, Dr. Rohana Haththotuwa and Dr. John Tait presented a souvenir gynaecological oncology textbook to Dr. Jessie Chiu (Hong Kong), who won the 1st runner-up award of the AFOG Gynecological Oncology Surgical Virtual Workshop – video competition held on 9 Mar 2024. Lastly, Professor Wichai Termrungruanglert, a member of the Oncology Committee, was also invited to present two lectures on *‘Self sampling for HPV testing and its application in Thailand’* and *‘Triage of HPV positive screening test’*.

On 7 Nov 2024, the Oncology Committee organised a webinar on the updated management of vulvar cancer, a relatively rare yet debilitating cancer (Fig.3). There were seven speakers from different countries, and more than 100 participants with favorable feedback.

Upcoming activities

Dr. Ka Yu Tse will give a lecture on ‘ASGO & Collaborators: Can We Make Synergy?’ in the Asian Society of Gynecologic Oncology (ASGO) 2024 9th International Workshop on 30 Nov 2024. The Oncology Committee will also collaborate with the Education Committee of ASGO and hold research workshop in Dec 2025. Further details will be announced in near future.

The Federation of Obstetric and Gynaecological Societies of India (FOGSI) Annual Conference / 67th All India Congress of Obstetrics and Gynaecology 2025 will be held on 8 – 12 Jan 2025. Several AFOG members including Dr. John Tait, Dr. Rohana Haththotuwa, Prof. Joong Shin Park, Prof. Unnop Jaisamrarn, Prof. Pisake Lumbiganon, and Dr. Ka Yu Tse, will be invited to deliver lectures. Specifically for gynaecological Oncology, Dr. Tse will share the experience on robot-assisted surgery in gynaecological oncology and participate in the cancer prevention workshop.

Dr. Ka Yu Tse
Chairman, Gynaecological Oncology Committee



08:20 - 08:30	Welcome Dr. John Tait (<i>President, AFOG</i>)
08:30 - 08:50	Staging system of vulvar cancer Dr. Joella Ang (<i>Singapore General Hospital, Singapore</i>)
08:50 - 09:20	Current management of early-stage vulvar carcinoma Prof. Mario Leitao (<i>Memorial Sloane Kettering Hospital, USA</i>)
09:20 - 09:50	Vulval reconstruction Dr. Ai Ling Tan (<i>Ascot Hospital, New Zealand</i>)
09:50 - 10:10	Break
10:10 - 10:40	Management of enlarged groin node in vulva cancer Dr. Mandy Chu (<i>Queen Mary Hospital, Hong Kong</i>)
10:40 - 11:10	Management of locally advanced unresectable vulvar cancer Prof. S. Sampathkumari (<i>Sri Muthukumar Medical College Hospital & Research Institute, India</i>)
11:10 - 11:40	Management of metastatic vulvar cancer Dr. Jack Chan (<i>National Cancer Centre Singapore, Singapore</i>)
11:40 - 12:10	Case discussion Dr. Ka Yu Tse (<i>Chair, Oncology committee, AFOG</i>)
12:10 - 12:15	Closing remarks Dr. Rohana Haththotuwa (<i>Secretary General, AFOG</i>)



Fig. 3 Flyer of AFOG vulvar cancer webinar

Member Society News Corner

1. News from Korean Society of Obstetrics and Gynecology (KSOG)

The 110th Annual Congress of the Korean Society of Obstetrics and Gynecology (KSOG) & the 29th Seoul International Symposium were successfully held on November 7–8, 2024 at Suwon Convention Center, Suwon, Korea. Despite the national situation regarding the healthcare, the President, Professor Hee–Sug Ryu and Chairperson of the Board, Professor Young Tae Kim expressed gratitude to the members and invited guests who strive for women's health and happiness. They expressed hope that this academic conference would serve as a meaningful platform for discussing new issues and various topics in the field of obstetrics and gynecology.

At the invited lecture sessions, renowned scholars from both domestic and international institutions were invited to discuss recent advancements in various fields of obstetrics and gynecology. In the Plenary Session, Dr. Ginger Gardner from Memorial Sloan Kettering Cancer Center in USA gave a lecture on transformational opportunities in ovarian cancer, while Dr. Mamoru Tanaka from Keio University in Japan drew attention with his presentation on mesenchymal stem cells from amniotic fluid. On November 8 (Friday), the 29th Seoul International Symposium featured engaging and informative lectures, providing participants with an excellent opportunity to enhance their academic knowledge.

Upcoming Event: the 71st training program for OB/GYN residents is scheduled for January 19, 2025, and will be held as a webinar.

Secretariat,
KSOG–Korea.

2. News from Obstetrical & Gynaecological Society Myanmar Medical Association (OGSMMA)

The president of MMA Prof Aye Aung, the President of OGSMMA Prof Dr Khin May Thin and Prof Kyaw Shwe the Rector of University of Medicine 1 attended to officiate the AOFOG and



OGSMMA Ultrasound outreach in Yangon. The event took place on November 8th and 9th, 2024 at Medical skills, Simulation and Research Center, University of Medicine 1 Yangon.

Day 1 of the event concentrated on obstetric topics, with topics ranging from optimizing the grayscale ultrasound in obstetrics by Professor Aung Cho Tun, first trimester scan mid trimester



anomaly scan & third trimester scan by AP Dr Thitima, Caesarean scar ectopic: diagnosis and screening algorithm, fetal biometry: How to improve precision & Doppler Ultrasound across the trimesters by Dr Voon Hian Yan and Too little, too much: Amniotic fluid assessment by Prof Nu Nu Aye. Dr Voon Hian Yan, AP Dr Thitima and Professor Nu Nu Aye joined in to conduct the hands-on session in the evening, with topics on fetal biometry, anomaly screening and dopplers and cervical length measurement.

Day 2 of the event concentrated on obstetric topics, with topics ranging from screening in MCDA twins : Keeping it simple, screening for fetal cardiac anomalies, how to approach to the fetus with short long bones, assessment of ovarian cyst, assessment of Myometrium and endometrial pathology. The lectures were interspersed with several demonstrations by Dr Voon Hian Yan, AP Thitima and Prof Nu Nu Aye.

In the evening, with topics on fetal heart and fetal brain and basic Gynae scan were conducted.

Prof. Khin May Thin,
President – OGSMMA

3. News from Obstetrical & Gynaecological Society of Singapore



 **Obstetrical & Gynaecological**
Society of Singapore

3th Singapore International Congress of O&G 2025

Leading the Change

Empowering Women's Health Through Innovation and Sustainability

22nd – 24th August 2025

Park Royal on Beach Road, Singapore
22nd August: Pre-Congress Workshops
23rd – 24th August: Main Congress

CALL FOR ABSTRACT	CLOSING DATE
October 2024	31st March 2025



REGISTER NOW

4. News from The Obstetrical and Gynaecological Society of Hong Kong

The OGSHK has been an active member of the AOFOG since 1970s. Similar to previous events, the AOFOG was invited to hold an AOFOG session in the OGSHK Annual Scientific Meeting 2024 on 5 – 6 Oct 2024. It was chaired by Dr. Kwok Keung Tang (President, OGSHK) and Prof. Hextan Ngan (Honorary Fellow,

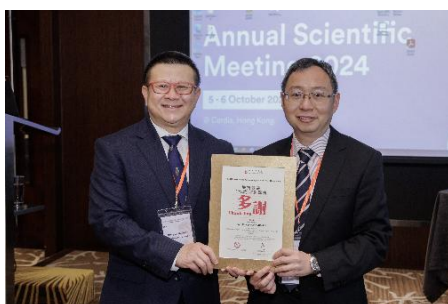


AOFOG), and there were three lectures, including *'HPV vaccination'* by Dr. Ka Yu Tse (Chairman, Oncology Committee), *'Increased caesarean section rate'* by Dr. Rohana Haththotuwa (Secretary General), and *'Domestic violence'* by Dr. John Tait (President).

In addition, two other AOFOG members were invited to come and share their experience with the doctors in Hong Kong. Prof. Unnop Jaisamrarn gave a lecture on *'Implanon NXT: clinical benefits and best practices'* during a lunch symposium, and Professor Wichai Termrungruanglert (Oncology Committee member) gave two talks on *'Self sampling for HPV testing and its application in Thailand'* and *'Triage of HPV positive screening test'* in the session collaborated with the Hong Kong Society of Colposcopy and Cervical Pathology.



All sessions were well attended, allowing ample time for discussions among speakers and participants both during and after the lectures. The event also offered an opportunity to relish friendship with old acquaintances and establish connections with new friends.



Dr Ka Yu Tse
Secretary-OGSHK

5. News from The Obstetrical and Gynaecological Society of Malaysia (OGSM)

Since its inception in 1963, the Obstetrical and Gynaecological Society of Malaysia (OGSM), has been working towards championing improved outcomes for women's health in Malaysia. As part of our evolution, we are now diversifying our efforts to enhance health outcomes for women in Malaysia and the region as our next priority.

OGSM has successfully hosted and organized internationally renowned conferences, including two AFOG conferences and we have organised educational activities for our members within and related to the fraternity in Malaysia and in the region.

We have just concluded our 31st Congress of the Obstetrical and Gynaecological Society of Malaysia in July which remains the largest academic event related to O&G in Malaysia. Moving forward, here are some of our upcoming initiatives for the term.

i. Healthy HER Hackathon

This Hackathon aspires to empower young professionals to build FemTech solutions to elevate women's health and wellbeing focusing on three essentials, menstrual health among adolescents, postpartum maternal deaths and integrating artificial intelligence in women's health. This is the first of its kind, focusing on women's health in Malaysia.

ii. Blossoming lives and masterclass in healthy weight

One in five women live with obesity in Malaysia and this masterclass will not just address the entire spectrum of obesity among girls and women, but solutions on how best to manage weight, which remains the elephant in the room which needs to be addressed as a health priority. OGSM will be championing this move.

iii. OGSM's Project GLOW (Guided Long-Acting Contraception on Women)

OGSM, forms to establish a matrix of experts, trainers, mentors and trainees on safe Implanon insertion and management. This supervised initiative will provide training for primary health care professionals and free contraception for hundreds of women in Malaysia. We hope that this initiative will benefit mothers as we believe in universal access to reversible long-term contraception.

iv. OGSM best practice guides for members

OGSM is currently working on OGSM's Evidence-Based Algorithms, a handbook written by experts in Malaysia on best practices for O&G. This initiative affirms OGSM's dedication to providing cutting-edge knowledge and practices, to help our members deliver the highest quality of care for women.

v. Connecting our members to global experts

We have launched the OGSM Academy, engaging world-renowned speakers for virtual interactions with our members. A series of world class webinars from various subspecialties are planned throughout this term. We hope to engage global experts, especially from the region with the support of AOFOG.

vi. Strengthening collaborations with international societies

Nearly a decade has passed since we organised our last international congress. We aspire to work closely with regional societies as we are more than happy to network, engage, learn and work together with societies as we believe we share similar aspirations. Efforts are in place to have an international congress in Kuala Lumpur in the near future.

These are some of the endeavours that we have planned for the next few months. We are also extremely proud to be able to work closely with AOFOG and regional societies,

who have always been supportive. Ultimately, OGSM's comprehensive strategy to advance women's health through education, collaboration, and engagement will not be possible without collaboration, teamwork and networking as we believe it is essential to shape the future of our fraternity.



Dr Loh Huey Wen,
Hon. Secretary 2024/2025

6. News from The Mongolian Federation of Obstetricians and Gynecologists (MFOG)

“ADVANCES IN GYNECOLOGY” VII ANNUAL CONGRESS OF MONGOLIAN FEDERATION OF OBSTETRICS AND GYNECOLOGY 2024

The Mongolian Federation of Obstetricians and Gynecologists has organized an annual congress on 27th September 2024 in Ulaanbaatar, Mongolia under the highlights on Advances in gynecology.



Almost 140 participants including distinguished guests from AOFOG, People's Doctors and Honoured Doctors of Mongolia, Adviser to Minister of Health, management staff of health institutions, consultants and doctors from MNUMS, NCMCH, MCHC-2, Urguu, Khuree, Amgalan Maternity Hospital, District Health Centers, Bayankhongor, Dornogovi, Orkhon, Selenge, Uvs, Umnugovi provinces attended in the congress.

AOFOG Secretary General Dr. Rohana Haththotuwa, Oncology Committee Chair Prof. Ka Yu Tse and Oncology Committee Member Prof. Jean Anne Toral were invited to give talks in the MFOG–AOFOG pre-congress workshop which was named *‘Cervical cancer elimination: Rise to challenge’* organized by AOFOG and participated as keynote speakers during the national congress.

Dr. Urjindelger Tserensambuu, the president of MFOG opened the Congress and Dr Tumurbaatar.L, adviser to Health Minister of Mongolia and Dr Rohana Haththotuwa, general secretary of AOFOG gave welcome addresses.

The congress 2024 under the theme *“Advances in gynaecology”* commenced introductory session which was led by the chairperson Dr Rohana Haththotuwa, General secretary of AOFOG and Dr Purevsuren Genden, honorary president of MFOG. Topics and speakers in the session were as follows:



- Women’s health: Sustainable development goals 2030– current results and further steps, by Dr Munkhtsetseg Davaatseren, PhD, MD, lecturer of department of O&G, MNUMS.
- Upscaling the Cervical Cancer, Elimination Program in Asia Pacific – Vaccination, by Prof. Ka Yu Tse, Chair of Oncology Committee, AOFOG, MBBS, MMedSc, FHKCOG, FRCOG, Cert RCOG (Gyn Onc), FHKAM, PhD.
- Upscaling the Cervical Cancer, Elimination Program in Asia Pacific – Screening, by Prof Jean

Toral, member of Oncology Committee, AOFOG, MD, MSc, Department of Obstetrics and Gynecology, University of Philippines Manila.

- Update of management of abnormal uterine bleeding, by Dr Rohana Haththotuwa, Secretary General AOFOG, MBBS, MS, FRCOG.
- Evidence-Based Clinical Investigation of Recurrent Miscarriage, by Prof. Bum-Chae Choi, MD, PhD, CEO of Center for recurrent miscarriage and infertility. CEO of Creation & love women's hospital, Korea.

After these plenary lectures, local speakers' session, new research evidence, women's health issues in Mongolia, and panel discussion on endometriosis were held in the congress.



The outstanding research award is given to the best oral abstract presented at the congress. First place went to the *“Findings from a case study assessing the reproductive status following open abdominal cervix resection, uterine grafting to the vagina, pelvic lymph node excision, and surgery to maintain the reproductive organs in the early stages of cervical cancer”* by Dr Nyam-Od.G et al and second place went to *“Research findings in comparison AI generated mammography results for breast disease”* by Dr Altanbayar.B et al.

The congress was concluded that doctors and researchers exchanged their knowledge and experience.



‘Cervical cancer elimination: Rising to Challenge’ workshop organized by Oncology Committee of AOFOG in collaboration with MFOG and National Cancer Centre of Mongolia.

The training on *“Eliminating Cervical Cancer: prevention, early detection, diagnosis and treatment”* was successfully organized under the theme of the VII Annual Congress of the Mongolian Federation of Obstetricians and Gynecologists, which was held on September 26, 2024, in collaboration with the Oncology Committee of AOFOG.



All nations must achieve and sustain an incidence rate of less than 4 cases per 100,000 women in order to eradicate cervical cancer. The Government of Mongolia have been proposed to accomplish the target, and Mongolian Federation of Obstetricians and Gynaecologists have organized this training to collaborate with AOFOG.

Dr Urjindelger. Ts (president of MFOG), Dr Erdenekhuu. N (director of National Cancer Centre) and Dr Rohana Haththotuwa (General Secretary of AOFOG) gave opening speech.

The workshop brought together approximately 52 participants from across the country. The workshop included lecture and hands-on sessions and Prof Jean Toral and Prof Ka Yu Tse, Dr Amarsanaa Enkhtur, and Dr Erdenejargal Ayush facilitated all sessions according to the programme which was developed by Dr Christia Padolina, Treasurer of AOFOG.



In summary, the workshop was effectively combined theory and practice that improved doctors' knowledge and skills by cutting edge techniques for cervical cancer prevention, vaccination, early detection, diagnosis, and treatment.

I wish to thank Dr. Rohana Haththotuwa, Dr. Christia Padolina, and Dr. Ka Yu for organizing and conducting the workshop very successfully.



Dr. Urjindelger Therensambuu

President, Mongolian Federation of Obstetricians and Gynaecologists.

From the Journal of Obstetrics and Gynecological Research (The AOFOG Journal)

JOGR Volume 50, Issue 9 has been published and Editor's choice has been updated; and below Editor's choice articles from this issue are **Open Access**.

- Prophylactic tranexamic acid for reducing blood loss in pregnant females undergoing cesarean section: A systematic review and meta-analysis. (*Ammar Al Naimi, Haobo Ma, Abarna Pearl, Greg Yungtum, Valluvan Rangasamy*). <https://doi.org/10.1111/jog.16036>
- Assessment of embryologist sufficiency and associated regional disparities in Japanese assisted reproduction facilities using nationwide survey data (IZANAMI project). (*Hiromitsu Shirasawa, Mitsutoshi Yamada, Seung Chik Jwa, Keiji Kuroda, Miyuki Harada, Yutaka Osuga*) <https://doi.org/10.1111/jog.16022>

JOGR Volume 50, Issue 10 has been published and Editor's choice has been updated; and below Editor's choice articles from this issue is free **until the end of November 2024**.

- Gestational diabetes mellitus management according to ultrasound fetal growth versus strict glycemic treatment in singleton pregnancies: A systematic review and meta-analysis of clinical trials. (*Ana M. Fernández-Alonso, Angélica Monterrosa-Blanco, Álvaro Monterrosa-Castro, Faustino R. Pérez-López*) <https://doi.org/10.1111/jog.16059>

JOGR Volume 50, Issue 11 has been published and Editor's choice has been updated; and below Editor's choice articles from this issue are **until the end of December 2024**.

- Endometrial cancer and endometrial changes in transgender men: Insights from Japanese individuals on testosterone. (*Mariko Nakahara, Hiroshi Yoshida, Aiko Sakamoto, Takeshi Taguchi, Masaya Uno, Tomoyasu Kato, Mitsuya Ishikawa*). <https://doi.org/10.1111/jog.16099>
- Estrogen-dependent oxytocin expression in the hypothalamus and estrogen-dependent vasopressin in the median eminence. (*Kazuaki Nishimura, Yoichi Ueta, Kiyoshi Yoshino*) <https://doi.org/10.1111/jog.16100>

JOGR Volume 50, Issue 9, 10 & 11 has been published and Editor's choice has been updated here; <https://obgyn.onlinelibrary.wiley.com/toc/14470756/current>
[https://obgyn.onlinelibrary.wiley.com/doi/toc/10.1111/\(ISSN\)1447-0756.editors-choice](https://obgyn.onlinelibrary.wiley.com/doi/toc/10.1111/(ISSN)1447-0756.editors-choice)

Prof. Hiroaki Kajiyama.

Editor in Chief, JOGR, AOFOG

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